

# Outta Bounds Events Summer 2011

## Session 5 ~ July 25 – July 29

### Health & Fitness Week ~ *Responsibility*

Week packed with Sports, Active Games and Fitness Education

Monday, July 25 <i>Center Day</i> <b>“Fear Factor”</b>	Roll Call: 9:00am	<u>Required</u> lunch come sunscreened  <u>Recommended</u> hat
Tuesday, July 26 <i>Bus Excursion to San Clemente</i> <b>T-Street Beach</b>	Arrive by: <b>10:00am</b> Back by: <b>4:30pm</b>	<u>Required</u> lunch ~ option to buy lunch come sunscreened swimsuit/towel  <u>Recommended</u> spending money
Wednesday, July 27 <i>Center Day</i> <b>“Adventure Race”</b>	Roll Call: 9:00am	<u>Required</u> lunch come sunscreened  <u>Recommended</u> hat
Thursday, July 28 <i>Bus Excursion to Irvine</i> <b>Boomers</b>	Arrive by: <b>9:00am</b> Back by: <b>4:45pm</b>	<u>Required</u> lunch ~ option to buy lunch come sunscreened close-toed shoes OBE shirt  <u>Recommended</u> spending money hat
Friday, July 29 <i>Walking Excursion</i> <b>Saddleback Lanes</b>	Arrive by: <b>9:30am</b> Back by: <b>1:00pm</b>	<u>Required</u> lunch ~ option to buy lunch come sunscreened socks  <u>Recommended</u> spending money

- On “Center Days” we may be out and away from the center between 10am-4pm.
- On “Excursion Days” campers need to arrive ON TIME.
- **Everyday**, campers need to come to camp SUNSCREENED from home.
- All campers must have a LUNCH daily with plenty of healthy snacks and drinks.  
Please include utensils. No microwaving, please.